Warsaw Aesthetic Meeting

1ST DAY | 9TH OCTOBER 2026 | FRIDAY

07:00 AM - 07:45 AM
Registration

07:00 AM - 07:45 AM
Breakfast

07:45 AM - 08:00 AM
Welcome Reception

ROOM A

08:00 AM - 10:30 AM
Session 01: Primary rhinoplasty (structure/preservation)

08:00 AM - 08:15 AM
Fusion slings concept in rhinoplasty
Edgar Kaminskyi

08:15 AM - 08:30 AM
How to transition from Structural to Preservation Rhinoplasty
Ramon Tarragona

08:30 AM - 08:45 AM
CBCT - decision making in primary preservation rhinoplasty
Piotr Janik

08:45 AM - 09:00 AM
Piezosurgery in rhinoplasty
Phillip Mayr

09:00 AM - 09:15 AM
Dorsal Y-preservation rhinoplasty
Ehran Coskun

09:15 AM - 09:30 AM
Preservation or structural - my point of view
Mateusz Zachara

09:30 AM - 09:45 AM
Visualisation - worth or not. Communication with patients before rhino
Michał Charytonowicz

09:45 AM - 10:00 AM
Structural rhinoplasty - my aproach
Mariusz Wysocki

10:00 AM - 10:15 AM
Dorsal preservation rhinoplasty
Edgar Kaminskyi

10:15 AM - 10:30 AM
Reconstruction of the Middle Third of the Nose in Rhinoseptoplasty: Ensuring Aesthetic Appeal and Optimal Nasal Function
Marcin Jadczak

ROOM B

08:00 AM - 10:30 AM
Session 02: How to Prepare the Face for Facelift Surgery: The Role of Aesthetic Medicine

08:00 AM - 08:15 AM
Retaining Ligaments and Fat Pads and Their Impact on Facial Aging
Jakub Miszczyk

08:15 AM - 08:30 AM
Facelift Preparation: Ultrasound-Guided Hyaluronidase
Barbara Parda-Głomska

08:30 AM - 08:45 AM
Ecombinant Enzymes in Preparation for Aesthetic Facial Surgery: Elimination of Adhesions and Fibrosis
Robert Chmielewski

08:45 AM - 09:00 AM
Pre- and Postoperative Supplementation and Its Impact on Healing
Edyta Adamczyk-Kutera

09:00 AM - 09:15 AM
Hard and Soft Biostimulators in Preparation for Facial Aesthetic Surgery
Barbara Walkiewicz-Cyrańska

09:15 AM - 09:30 AM
Laser therapy
Leszek Blicharz

09:30 AM - 09:45 AM
Phenol Peels in Facial Rejuvenation
Michał Rożalski

09:45 AM - 10:00 AM
Biostimulators and High-Tech Treatments: Which Procedures Negatively Impact Facial Surgery?
Oliwia Kwaśniewska

10:00 AM - 10:15 AM
Improving skin quality before surgery: the emerging role of soft biostymulators
Wioletta Barańska-Rybak

10:15 AM - 10:30 AM
Beyond lifting: why acne scar treatment matters before facelift surgery?
Wioletta Barańska-Rybak

10:30 AM - 11:00 AM
Coffe Break

11:00 AM - 01:00 PM
Session 03: Tip surgery and Secondary Rhinoplasty - Tips & Tricks

11:00 AM - 11:15 AM
Stepwise Planning in Nasal Tip Surgery: Achieving Consistent Functional and Aesthetic Outcomes
Marcin Jadczak

11:15 AM - 11:30 AM
Tip surgery: stabilisation methods
Witold Waśkiewicz

11:30 AM - 11:45 AM
Membranous tongue in groove with closed ligament preservation
Ehran Coskun

11:45 AM - 12:00 PM
The Teoman Doğan Tip - how do I do it?
Phillip Mayr

12:00 PM - 12:15 PM
Secondary rhinoplasties - my aproach
Ramon Tarragona

12:15 PM - 12:30 PM
Management of perioperative Swelling and Hematoma
Phillip Mayr

12:30 PM - 12:45 PM
Contracted skin rhinopolasty
Sercan Gode

12:45 PM - 01:00 PM
Columella reconstruction
Sercan Gode

11:00 AM - 01:00 PM
Session 04: Oculoplasty

11:00 AM - 11:15 AM
Pearls and traps in lower eyelid blepharoplasty
Monika Dzięgielewska

11:15 AM - 11:30 AM
Hyaluronic acid from the perspective of a surgeon and aesthetic medicine doctor
Barbara Parda-Głomska, Monika Dzięgielewska

11:30 AM - 11:45 AM
Post upper blepharoplasty syndrome
Anna Ptasiński

11:45 AM - 12:00 PM
Ptosis - upper eyelid weight implantation for lagophthalmos due to facial nerve palsy
Dominika Białas

12:00 PM - 12:15 PM
Transconjuctival Muller Muscle resection for Ptosis Correction - Patient Selection, Surgical Technique and Predictable Outcomes
Dominika Białas

12:15 PM - 12:30 PM
Eyelid Implants in the Management of Lagophtalmos in Facial Nerve Palsy - from Patient Selection to Effective Corneal Protecion
Dominika Białas

12:30 PM - 12:45 PM
Secondary blepharoplasty and ectropion
Michele Pascali

12:45 PM - 01:00 PM
Non invasive treatment in perioculis area - what works?
Emil Krzysztofik

01:00 PM - 02:00 PM
Lunch

02:00 PM - 03:20 PM
Session 05: Videosurgery - Rhinoplasty

02:00 PM - 02:20 PM
VIDEOSURGERY: Dorsal preservation rhinoplasty
Edgar Kaminskyi

02:20 PM - 02:40 PM
VIDEOSURGERY: Rhinoplasty step by step
Ramon Tarragona

02:40 PM - 03:00 PM
VIDEOSURGERY: Dorsal Y-preservation rhinoplasty
Ehran Coskun

03:00 PM - 03:20 PM
VIDEOSURGERY: Vertical hump resection in primary rhinoplasty
Sercan Gode

02:00 PM - 03:40 PM
Session 06: Aesthetic medicine after surgery

02:00 PM - 02:20 PM
VIDEOSURGERY: Panfacial rejuvenation with autologous fat tissue
Jakub Miszczyk

02:20 PM - 02:40 PM
Scar Reduction Program - An Evidence-Based Medicine (EBM) Approach
Emil Krzysztofik

02:40 PM - 03:00 PM
Botulinum Toxin in the Periorbital Region
Magdalena Korwin

03:00 PM - 03:20 PM
Autologous Therapies and Hyaluronic Acid in Preparation for Facial Surgery - supporting the Healing Process
Robert Chmielewski

03:20 PM - 03:40 PM
Poly-L-Lactic Acid in Facial Treatments: Injection Precision and How to Avoid Complications
Magdalena Korwin

03:20 PM - 03:40 PM
Coffe Break

03:40 PM - 05:40 PM
Session 07: Endoscopy, upper third of the face

03:40 PM - 03:55 PM
Brow elevation? Brow rotation? What is the desired outcome in endoscopic eye rejuvenation?
Jakub Miszczyk

03:55 PM - 04:10 PM
Hybrid Face Lift
Mateusz Zachara

04:10 PM - 04:25 PM
A 3D approach to upper third of the face: endoscopic brow lift with layered temporal lipotransfer and myomodulation
Piotr Janik

04:25 PM - 04:40 PM
Vertical Cross Anchorage Foreheadlift
Mehmet Gencer

04:40 PM - 05:00 PM
VIDEOSURGERY: Endoscopic Brow Lift
Edgar Kaminskyi

05:00 PM - 05:20 PM
VIDEOSURGERY: Temporal More
Michele Pascali

05:20 PM - 05:40 PM
VIDEOSURGERY: Endoscopic Brow Lift
Mubariz Mammadli

04:00 PM - 05:55 PM
Session 08: Body Contouring

04:00 PM - 04:15 PM
Body contouring in Massive Weight Loss Patients: 3-step complete MWL-patient management
Piotr Janik

04:15 PM - 04:30 PM
Buttock implants – my thoughts after performing the first 200 surgeries
Kamil Gabryszuk

04:30 PM - 04:45 PM
TBC
TBC

04:45 PM - 05:00 PM
Liposuction - is it really a easy surgery?
Kamil Gabryszuk

05:00 PM - 05:15 PM
Umbiliculus - a most imoportant part of abdominoplasty
Daria Charytonowicz, Maciej Ferenc

05:15 PM - 05:30 PM
Ultra HD Liposuction
Kamil Gabryszuk

05:30 PM - 05:45 PM
Abdominoplasty: how to reduce the risk of seroma?
Piotr Janik

08:00 PM - 11:00 PM
Gala Dinner (dresscode: black tie)

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Warsaw Aesthetic Meeting

2ND DAY | 10TH OCTOBER 2026 | SATURDAY

ROOM A

08:00 AM - 10:30 AM

Session 09: Deep plane face and neck lift

08:00 AM - 08:15 AM
Deep Plane Facelift for beginners
Daria Charytonowicz

08:15 AM - 08:30 AM
Various techniques to maximaze the neck contour in isolated neck lift
Piotr Janik

08:30 AM - 08:45 AM
Deep Neck Surgery
Edgar Kaminskyi

08:45 AM - 09:00 AM
Deep Neck Reduction Surgery
Soner Karaali

09:00 AM - 09:15 AM
Leteral neck surgery and lateral submandibular gland management
Mehmet Gencer

09:15 AM - 09:30 AM
Composite Necklifting
Mike Roskies

09:30 AM - 09:45 AM
Deep Plane Facelifting
Soner Karaali

ROOM B

08:00 AM - 10:00 AM

Session 10: Maxillofacial, orthognathic surgery, facial feminization

08:00 AM - 08:15 AM
TBC
Krzysztof Dowgierd

08:15 AM - 08:30 AM
Lower third of the face - genioplasty
Jakub Bargiel

08:30 AM - 08:45 AM
Orthognatic surgery focused on facial aesthetics - the influence of maxillary osteotomy on nasal projections
Jakub Bargiel

08:45 AM - 09:00 AM
Comprehensive Gender Affirming Surgery - maxillofacial and plastic surgery at their best. Current concepts and future directions
Rafał Pokrowiecki

09:00 AM - 09:15 AM
Volumetric orthofacial surgery: a paradigm in soft tissues management after FFS surgery
Rafał Pokrowiecki

09:15 AM - 09:30 AM
TBC
Maciej Jagielak

09:30 AM - 09:45 AM
Orthodontic preparation for facelift
Maciej Ćiękiewicz

9:45 AM - 10:30 AM
Coffe Break

10:30 AM - 01:00 PM

Session 11: Deep plane face and neck lift

10:30 AM - 10:45 AM
Preservationb Deep Plane Facelift: Benefits and Comparision with Standard DPFL
Roman Kufa

10:45 AM - 11:00 AM
Face Lifting and Deep Neck Contouring: Natural Facial Rejuvenation
Tomáš Ventruba

11:00 AM - 11:30 AM
Deep Plane Facelift and Deep Plane Neck ifts: My Surgical Evolution
Sean Alemi

11:30 AM - 11:45 AM
A Multilayered Approach to Facelift Surgery Based on Deep Plane Techniques
Piotr Janik

11:45 AM - 12:00 PM
Freestyle Facelift: Steel Deep Plane, Yet with a Multiverse of Outcomes
Dmitry Batiukov

12:00 PM - 12:15 PM
DPFNL Complications: The Price of Excellence or Failure of Planning?
Michał Charytonowicz

12:15 PM - 12:30 PM
Total SMAS
Michele Pascali

12:30 PM - 12:45 PM
Endoscopic Deep Plane Facelift
Mubariz Mammadli

12:45 PM - 01:00 PM
Tri-plane vertical lift concept
Mehmet Gencer

10:15 AM - 01:15 PM

Session 12: Breast surgery

10:15 AM - 10:30 AM
How to choose the right? - principles of preoperating planning
Michał Charytonowicz

10:30 AM - 10:45 AM
Social media: how are patients choosing their surgeon in 2026?
Daria Charytonowicz

10:45 AM - 11:00 AM
How to structure a patient consultation
Ernesto Buccheri

11:00 AM - 11:15 AM
Patient assessment and measurements
Ondrej Mestak

11:15 AM - 11:30 AM
Implant selection algorithm: why round, anatomical, smooth, textured?
Ondrej Mestak

11:30 AM - 11:45 AM
Implant safety: latest data and practical advice
Sara Dominiguez Bengoa

11:45 AM - 12:00 PM
Evaluating Ptotic Breast: Classification
Ernesto Buccheri

12:00 PM - 12:15 PM
Algorithm for Augmentation Mastopexy & Implant Selection
Ernesto Buccheri

12:15 PM - 12:30 PM
Case 1 (primary augmentation): what would you do?
Ernesto Buccheri

12:30 PM - 12:45 PM
Case 2 (breast asymmetry): what would you do?
Ondrej Mestak

12:45 PM - 01:00 PM
Case 3: revision mastopexy: what would you do?
Ernesto Buccheri

1:00 PM- 01:15 PM
Case 4: waterfall deformity: what would you do?
Sara Dominiguez Bengoa

01:00 PM - 02:00 PM
Lunch

02:00 PM - 03:40 PM

Session 13: Videosurgery - deep plane face lift

02:00 PM - 02:30 PM
VIDEOSURGERY: Tri-Plane Vertical Lift: A Multiplanar Multi-Vector Strategy for Full-Face Rejuvenation
Mehmet Gencer

02:30 PM - 03:00 PM
VIDEOSURGERY: Limited Delamination: Modification to the Extended Deep Plane
Mike Roskies

03:00 PM - 03:30 PM
VIDEOSURGERY: Deep Plane and Neck - my approach
Sean Alemi

03:30 PM - 04:00 PM
VIDEOSURGERY: Temporal More
Michele Pascali

04:00 PM - 04:30 PM
VIDEOSURGERY: Deep plane face lift - my way
Roman Kufa

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